

You are cordially invited

SBANENY ADAPTIVE DANCE WORKSHOP

Sunday, November 24, 2019

12:00pm—Lunch

1:00pm-3:00pm—Dance!

Guiderland YMCA: 250 Winding Brook Dr, Guiderland, NY 12084

- ◆ Free instructional partner dance class
- ◆ Both seating and standing dance partners are welcome—bring a partner if you can!
 - ◆ Lunch provided

Please RSVP by November 17, 2019 if you would like to attend.

If you have questions about attending please contact the office!

Tel: 518-399-9151

Email: admin@sbaneny.org



RSVP form– Adaptive Dance Workshop

Name: _____

Street Address: _____

City, State, Zip: _____

Phone: _____ Email: _____

Total attending : _____

Allergies: _____

Please return forms to: Spina Bifida Association of NENY, 123 Saratoga Road, Scotia, NY 12302